

2022 Senior Food Program Calendar

Senior Food Program is for seniors 60 years of age or older. USDA food is given to registered participants on a monthly basis at their local distribution site To participate in this program, participants must meet income requirements and apply in person to provide proof of eligibility (documentation including date of birth and address). We recommend calling the Food Bank to verify eligibility or refer to the Senior Food Program webpage for more information before attending a location below. ** Sites below are effective for calendar year 2022. Day of the month is changed when it conflicts with a holiday.

Please call the Food Bank with any questions at 1-866-350-3663.

				Please call the Food Bank with any questions at 1-866-350-3663.	
	Name of Distribution Site	Zip Code	Address	Date of Event	Time
	Mountain View Community Center	92113	641 S. Boundary Street San Diego, CA 92113	1st Tuesday of each month: January 4, February 1, March 1, April 5, May 3, June 7, July 5, August 2, September 6, October 4, November 1, December 6.	9:00 am - 12:00 pm
	St Stephen's Cathedral	92114	5825 Imperial Avenue San Diego, CA 92114	1st Tuesday of each month: January 4, February 1, March 1, April 5, May 3, June 7, July 5, August 2, September 6, October 4, November 1, December 6.	1:30 pm - 3:00 pm
	The Church at Rancho Bernardo	92128	11740 Bernardo Plaza Ct San Diego, CA 92128	2nd Friday of each month (*except holidays): January 14, February 11, March 11, April 8, May 13, June 10, July 8, August 12, September 9, October 14, *November 7, December 9.	10:00 am - 10:30 am
	Boys and Girls Club - North Clairemont	92117	4635 Clairemont Mesa Blvd San Diego, CA 92117	2nd Friday of each month (*except holidays): January 14, February 11, March 11, April 8, May 13, June 10, July 8, August 12, September 9, October 14, *November 7, December 9.	9:00 am - 11:00 am
	Sorrento Towers Apartments	92110	2875 Cowley Way San Diego, CA 92110	2nd Friday of each month (*except holidays): January 14, February 11, March 11, April 8, May 13, June 10, July 8, August 12, September 9, October 14, *November 7, December 9.	1:30 pm - 3:00 pm
	Harvest Ridge Apartments	91913	1388 E Palomar Street San Diego, CA 91913	2nd Tuesday of each month: January 11, February 8, March 8, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 8, December 13.	1:30 pm - 3:00 pm
Central	Sherman Heights Community Center	92102	2258 Island Avenue San Diego, CA 92102	2nd Wednesday of each month: January 12, February 9, March 9, April 13, May 11, June 8, July 13, August 10, September 14, October 12, November 9, December 14.	9:00 am - 12:00 pm
	Good News Missionary Baptist	92104	4106 Swift Avenue San Diego, CA 92104	2nd Wednesday of each month: January 12, February 9, March 9, April 13, May 11, June 8, July 13, August 10, September 14, October 12, November 9, December 14.	1:30 pm - 2:30 pm
	Colina Del Sol Park Recreation Center- South Parking Lot	92115	5319 Orange Avenue San Diego, CA 92115 (corner entrance at 52nd Street & 52nd Place)	3rd Friday of each month: January 21, February 18, March 18, April 15, May 20, June 17, July 15, August 19, September 16, October 21, November 18, December 16.	9:00 am - 12:00 pm
	Mira Mesa Senior Center	92126	8460 Mira Mesa Boulevard San Diego, CA 92126	3rd Wednesday of each month: January 19, February 16, March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 19, November 16, December 21.	9:00 am - 12:00 pm
	The Unity Center of San Diego	92126	8999 Activity Road San Diego, CA 92126	3rd Tuesday of each month: January 18, February 15, March 15, April 19, May 17, June 21, July 19, August 16, September 20, October 18, November 15, December 20.	1:00 pm - 3:00 pm
	Mid-City Church of The Nazarene	92105	4101 University Avenue San Diego, CA 92105	3rd Wednesday of each month: January 19, February 16, March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 19, November 16, December 21.	1:30 pm - 3:00 pm
	College Avenue Center	92120	6299 Capri Drive San Diego, CA 92120	4th Monday of each month (*except holidays): January 24, February 28, March 28, April 25, May 23, June 27, July 25, August 22, September 26, October 24, November 28, *December 19.	1:30 pm - 2:30 pm
	Salvation Army Downtown	92101	730 F Street San Diego, CA 92101	4th Tuesday of each month: January 25, February 22, March 22, April 26, May 24, June 28, July 26, August 23, September 27, October 25, November 22, December 27.	9:00 am - 11:30 am
	LGBT Community Center	92103	3909 Centre Street San Diego, CA 92103	4th Tuesday of each month: January 25, February 22, March 22, April 26, May 24, June 28, July 26, August 23, September 27, October 25, November 22, December 27.	1:00 pm - 3:00 pm
	Church of Jesus Christ of Latter-day Saints in Linda Vista, The	92111	6840 Osler Street San Diego, CA 92111	4th Wednesday of each month: January 26, February 23, March 23, April 27, May 25, June 22, July 27, August 24, September 28, October 26, November 23, December 28.	1:30 pm - 3:00 pm
	Ramona Grange 632	92065	215 7th Street Ramona, CA 92065	1st Tuesday of each month: January 4, February 1, March 1, April 5, May 3, June 7, July 5, August 2, September 6, October 4, November 1, December 6.	8:30 am - 10:00 am
	St Andrew's Episcopal Church	92024	890 Balour Drive Encinitas, CA 92024	2nd Friday of each month (*except holidays): January 14, February 11, March 11, April 8, May 13, June 10, July 8, August 12, September 9, October 14, * November 7, December 9.	8:30 am - 9:00 am
	Oceanside Senior Center	92054	455 Country Club Lane Oceanside, CA 92054	2nd Monday of each month (*except holidays): January 10, February 14, March 14, April 11, May 9, June 13, July 11, August 8, September 12, *October 17, November 14, December 12.	9:00 am - 11:30 am
	Carlsbad - Holiday Park	92008	3235 Eureka Place Carlsbad, CA 92008 (across the street from the Learning Center)	2nd Monday of each month (*except holidays): January 10, February 14, March 14, April 11, May 9, June 13, July 11, August 8, September 12, * October 17 , November 14, December 12.	1:00 pm - 2:00 pm
	Windsor Gardens Apartments	92029	1600 W 9th Avenue Escondido, CA 92029	2nd Tuesday of each month: January 11, February 8, March 8, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 8, December 13.	9:00 am - 10:00 am
County	Grandon Village	92078	1607 Grandon Avenue San Marcos, CA 92078	2nd Tuesday of each month: January 11, February 8, March 8, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 8, December 13.	11:00 am - 12:00 pm
North	Oceanside Silvercrest Residence	92056	3839 Lake Boulevard Oceanside, CA 92056	3rd Tuesday of each month: January 18, February 15, March 15, April 19, May 17, June 21, July 19, August 16, September 20, October 18, November 15, December 20.	9:00 am - 10:00 am
	San Marcos Senior Activity Center	92069	111 Richmar Avenue San Marcos, CA 92069	3rd Tuesday of each month: January 18, February 15, March 15, April 19, May 17, June 21, July 19, August 16, September 20, October 18, November 15, December 20.	1:30 pm - 3:00 pm
	Gloria McClellan Adult Activity & Resource Center	92084	1400 Vale Terrace Drive Vista, CA 92084	3rd Tuesday of each month: January 18, February 15, March 15, April 19, May 17, June 21, July 19, August 16, September 20, October 18, November 15, December 20.	11:00 am - 12:00 pm
	Mesa View Baptist Church	92064	13230 Pomerado Road Poway, CA 92064	3rd Wednesday of each month: January 19, February 16, March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 19, November 16, December 21.	1:30 pm - 3:00 pm
	Park Avenue Community Center	92025	210 E Park Avenue Escondido, CA 92025	4th Monday of each month (*except holidays): January 24, February 28, March 28, April 25, May 23, June 27, July 25, August 22, September 26, October 24, November 28, *December 19.	8:30 am - 11:30 am
	Fallbrook Food Pantry	92028	140 North Brandon Road Fallbrook, CA 92028	Call Andrea Mattson-Mailly (858) 863-5127 for intake on the 1st Tuesday of each month: January 4, February 1, March 1, April 5, May 3, June 7, July 5, August 2, September 6, October 4, November 1, December 6.	10:00 am - 11:30 am



2022 Senior Food Program Calendar

Senior Food Program is for seniors 60 years of age or older. USDA food is given to registered participants on a monthly basis at their local distribution site To participate in this program, participants must meet income requirements and apply in person to provide proof of eligibility (documentation including date of birth and address). We recommend calling the Food Bank to verify eligibility or refer to the Senior Food Program webpage for more information before attending a location below. ** Sites below are effective for calendar year 2022. Day of the month is changed when it conflicts with a holiday.

Please call the Food Bank with any questions at 1-866-350-3663.

				Please call the Food Bank with any questions at 1-866-350-3663.	
	Name of Distribution Site	Zip Code	Address	Date of Event	Time
	Meridian Baptist Church	92019	660 S 3rd Street	2nd Friday of each month (*except holidays):	1:00 pm - 3:00 pm
			El Cajon, CA 92019	January 14, February 11, March 11, April 8, May 13, June 10, July 8, August 12, September 9, October 14, *November 7, December 9.	
	Backcountry Resource Center	91905	39919 Ribbonwood Road Boulevard, CA 91905	2nd Monday of each month (*except holidays): January 10, February 14, March 14, April 11, May 9, June 13, July 11, August 8, September 12, *October 17, November 14, December 12.	10:00 am - 11:00 am
	Jacumba - Highlands Senior Center	91934	44681 Old Hwy 80 Jacumba, CA 91934	2nd Monday of each month (*except holidays): January 10, February 14, March 14, April 11, May 9, June 13, July 11, August 8, September 12, *October 17, November 14, December 12.	12:30 pm - 1:30 pm
	St John's Plaza	91945	8150 Broadway Lemon Grove, CA 91945	2nd Thursday of each month: January 13, February 10, March 10, April 14, May 12, June 9, July 14, August 11, September 8, October 13, November 10, December 8.	1:30 pm - 3:00 pm
	El Cajon New Season's Church	92021	990 Naranca Avenue El Cajon, CA 92021	2nd Thursday of each month: January 13, February 10, March 10, April 14, May 12, June 9, July 14, August 11, September 8, October 13, November 10, December 8.	9:30 am - 12:00 pm
	La Mesa Springs Apartments	91941	8070 Orange Avenue La Mesa, CA 91941	2nd Wednesday of each month: January 12, February 9, March 9, April 13, May 11, June 8, July 13, August 10, September 14, October 12, November 9, December 14.	1:30 pm - 2:30 pm
ounty	New Season's Church	91977	2300 Bancroft Drive Spring Valley, CA 91977	2nd Wednesday of each month: January 12, February 9, March 9, April 13, May 11, June 8, July 13, August 10, September 14, October 12, November 9, December 14.	9:00 am - 12:00 pm
East C	Warner Springs Community Resource Center	92086	30950 Hwy 79 Warner Springs, CA 92086	3rd Tuesday of each month: January 18, February 15, March 15, April 19, May 17, June 21, July 19, August 16, September 20, October 18, November 15, December 20.	8:00 am- 10:00 am
	Lakeside Gardens Inc.	92040	12219 Roberts Way Lakeside, CA 92040	4th Monday of each month (*except holidays): January 24, February 28, March 28, April 25, May 23, June 27, July 25, August 22, September 26, October 24, November 28, *December 19.	9:00 am - 10:00 am
	Laurel Park Apartments	92071	10122 Buena Vista Avenue Santee, CA 92071	4th Monday of each month (*except holidays): January 24, February 28, March 28, April 25, May 23, June 27, July 25, August 22, September 26, October 24, November 28, *December 19.	10:30 am - 11:30 am
	Mountain Empire Route: Lake Morena Community Church	91906	29765 Oak Drive Campo, CA 91906	4th Thursday of each month (*except holidays): January 27, February 24, March 24, April 28, May 26, June 23, July 28, August 25, September 22, October 27, *November 29, December 22.	1:30 pm - 2:00 pm
	Mountain Empire Route: Barrett Mobile Home Park (Dulzura)	91917	1250 Barrett Lake Road Dulzura, CA 91917	4th Thursday of each month (*except holidays): January 27, February 24, March 24, April 28, May 26, June 23, July 28, August 25, September 22, October 27, *November 29, December 22.	9:15 am - 9:45 am
	Mountain Empire Route: Jamul Community Church	91935	14866 Lyons Valley Road Jamul, CA 91935	4th Thursday of each month (*except holidays): January 27, February 24, March 24, April 28, May 26, June 23, July 28, August 25, September 22, October 27, *November 29, December 22.	8:00 am - 8:30 am
	Mountain Empire Route: Potrero Library	91963	24883 Potrero Valley Road Potrero, CA 91963	4th Thursday of each month (*except holidays): January 27, February 24, March 24, April 28, May 26, June 23, July 28, August 25, September 22, October 27, *November 29, December 22.	11:00 am - 12:15 pm
South Bay	Highland Avenue Baptist Church	91950	2605 Highland Avenue National City, CA 91950	1st Friday of each month: January 7, February 4, March 4, April 1, May 6, June 3, July 1, August 5, September 2, October 7, November 4, December 2.	9:00 am - 3:00 pm
	Cesar Chavez Recreation Center	92173	455 Sycamore Road San Ysidro, CA 92173	1st Wednesday of each month: January 5, February 2, March 2, April 6, May 4, June 1, July 6, August 3, September 7, October 5, November 2, December 7.	9:00 am - 12:00 pm 8 1:15 pm - 3:00 pm
	St Mark's Lutheran Church	91910	580 Hilltop Drive Chula Vista, CA 91910	2nd Tuesday of each month: January 11, February 8, March 8, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 8, December 13.	9:00 am - 12:00 pm
	St James Lutheran Church & School	91932	866 Imperial Beach Boulevard Imperial Beach, CA 91932	3rd Wednesday of each month: January 19, February 16, March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 19, November 16, December 21.	9:00 am - 10:30 am
	MAAC Project Community Center	91911	1387 3rd Avenue Chula Vista, CA. 91911	4th Friday of each month (*except holidays): January 28, February 25, March 25, April 22, May 27, June 24, July 22, August 26, September 23, October 28, *November 21, *December 5.	9:00 am - 3:00 pm
	National City Public Library	91950	1401 National City Blvd National City, CA 91950	4th Thursday of each month (*except holidays): January 27, February 24, March 24, April 28, May 26, June 23, July 28, August 25, September 22, October 27, *November 29, December 22.	9:00 am - 12:00 pm
Valley	El Centro - Catholic Charities	92243	250 W Orange Avenue El Centro, CA 92243	1st Thursday of each month: January 6, February 3, March 3, April 7, May 5, June 2, July 7, August 4, September 1, October 6, November 3, December 1.	6:00 am - 10:00 am
Imperial	Calexico - Catholic Charities	92331	545 Encinas Street Calexico, CA 92231	3rd Thursday of each month: January 20, February 17, March 17, April 21, May 19, June 16, July 21, August 18,	6:00 am - 10:00 am

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).